

THE WEST BENGAL UNIVERSITY OF HEALTH SCIENCES



WBUHS

FOUNDATION COURSE LOGBOOK
FOR
1ST PROFESSIONAL MBBS STUDENTS
AS PER
COMPETENCY BASED CURRICULUM

Name and address of the college:

Personal details

Name of the student:

Date of admission to MBBS Course:

Date of beginning of the current Phase:

Reg. No. (College ID)

Reg. No. (University ID)

Permanent Address:

E mail ID: (optional)

Mobile Number: (optional)

INSTRUCTIONS

- 1) The logbook is a record of the academic / co-curricular activities of the designated student, who would be responsible for maintaining his/her logbook.
- 2) The student is responsible for getting the entries in the logbook verified by the Faculty in charge regularly.
- 3) Entries in the logbook will reflect the activities undertaken in the department & have to be scrutinized by the Head of the concerned department.
- 4) The logbook is a record of various activities by the student like:
 - Overall participation & performance
 - Attendance
 - Participation in sessions
 - Record of completion of pre-determined activities
 - Acquisition of selected competencies
- 5) The logbook is the record of work done by the candidate in that department / speciality and should be verified by the college before submitting the application of the students for the University examination.

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Sl. No	Description of the course	Page numbers	
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LOGBOOK CERTIFICATE

This is to certify that the candidate Mr/ Ms,
Reg. No., admitted in the year in the
Medical College,..... has satisfactorily completed / not completed
all assignments /requirements mentioned in this logbook for first year
MBBBS course in the subject of Foundation Course during the period
from..... to..... . She / He is not eligible to appear for the
summative (University) assessment as on the date given below.

Signature of Faculty

Name and Designation

Principal/Dean of the College

Place:

Date:

Subject: Foundation Course

First Year MBBS

Signature of Facilitator

Signature of Facilitator

Subject: Foundation Course

First Year MBBS

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Subject: Extracurricular activities

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Signature of Facilitator

Signature of Facilitator

Subject: Sports/Physical Education

First Year MBBS

Signature of Facilitator

Signature of Facilitator

Subject: Sports/Physical Education

First Year MBBS

Signature of Facilitator

Signature of Facilitator

Final Summary

Sl. No.	Description	Date		Attendance percentage	Status Complete/ Incomplete	Signature of Teacher
		From	To			
1	Foundation Course					
2	Humanities					
3	Extracurricular Activities					
4	Sports /Physical Education					

OBJECTIVE OF MEDICAL GRADUATE TRAINING PROGRAM

1. The undergraduate medical education program is designed with a goal to create an "Indian Medical Graduate" (IMG) possessing requisite knowledge, skills, attitudes, values and responsiveness, so that he or she may function appropriately and effectively as a physician of first contact of the community while being globally relevant.
2. In order to fulfill this goal, the IMG must be able to function in the following ROLES appropriately and effectively:

Clinician who understands and provides preventive, promotive, curative, palliative and holistic care with compassion.

Leader and member of the health care team and system with capabilities to collect analyze, synthesize and communicate health data appropriately.

Communicator with patients, families, colleagues and community.

Lifelong learner committed to continuous improvement of skills and knowledge.

Professional who is committed to excellence, is ethical, responsive and accountable to patient's community and the profession.

Training shall primarily focus on preventive and community-based approaches to health and disease, with specific emphasis on national health priorities such as family welfare, communicable diseases, epidemics and disaster management.

Acquisition and certification of skills shall be through experiences in patient care, diagnostic and skill laboratories.

The development of ethical values and overall professional growth as integral part of curriculum shall be emphasized through a structured longitudinal and dedicated program on professional development and ethics.

Focus

- Foundation Course
- Early Clinical Exposure
- Integrated Teaching / Learning
- Skills Training

TENTATIVE SCHEDULE OF FOUNDATION COURSE:

FOUNDATION COURSE 1ST MBBS BATCH 2020-2021						
Registration : Issue of ID cards, with roll numbers, notepads, pens, Clear bag	Orientation: Inaugural Address and welcome: Director Principal	Orientation: Interaction with parents : Defining roles of parents Professor In charge Academics (PIA)	Orientation : Introduction to the MBBS Programme: Faculty will give a brief introduction of departments PIA and representative faculty members of all departments.		Orientation: History of Medicine: Faculty : Department of Community Medicine	Orientation to committees for sports and Extracurricular Activities : Introduction to Extra-curricular Activities : Annual Sports, EUPHORIA , PLEXUS, GLIMPSE . Secretary and Chairperson of respective committees
	Orientation: Sensitization on Ragging and its consequences. Coordination by Chairperson: Anti-Ragging Committee	Orientation: General Rules and Regulations Discipline , Punctuality, Attendance, Complaints, Correspondence and formats for leaves or absence and other aspects Coordination by PIA	Orientation: Introduction of AETCOM Module and what it means to the student Coordination by Member MEU	Orientation: Introduction to CBME and its implications for students. Coordination by CC member	Sports Activity: 2-3 PM Students will give preferences for sports activities and form small groups for participation in outdoor or indoor activities: Badminton, Table tennis , Football, volleyball etc Chairperson, Secretary Sports	Language and Computers Orientation: Language / computers Introductory session: Students will be informed of the need to select Language enhancement or Computer or local language sensitization. Students can decide to participate in either Identify and enhance skill in local language for students with felt need for this Coordination by PIA
Extracurricular : Music , debate of students choice Member of Cultural Committee	Orientation: Alternative Health Systems : Moderated By Professor of Pharmacology and Ayurvedic College and Homoeopathic College	Orientation: Biohazard , and personal safety, Concept of Bio-Care : Hand washing, universal Precaution and use of mask. Microbiology and Community Medicine	Professionalism : Doctor-Nurse professional relationship from nurses perspective and administrative work ethics. Hospital Administration and Nursing Superintendent	Professionalism: Excellence in health care; the move towards Evidence based medicine. Chairperson Research Committee	Sports Activities 2-4 PM Supervised by member Sports committee	

	Orientation: Overview National Health Priorities and Policies: Faculty from Department of Community Medicine	Orientation: Important health Policies and programme including new initiatives of National Medical Commission (NMC) Faculty from Department of Community Medicine	Orientation: Healthcare Systems and Delivery in the community: Interactive participation of students and experience of diverse facilities. Faculty from Department of Community Medicine	Orientation: Occupational hazards, e.g. needle stick injuries and pandemic related precautions like mask, sanitization and social distancing Faculty of Hospital Administration	Orientation: Importance of Vaccinations, including and Post exposure prophylaxis and COVID Faculty of Department of General Medicine	Language and Computers : Two Sessions of one hour each : All Students 1. Better communication skills: Invited Faculty from Department of Journalism/ English Department of a Local College / University 2. Computer skills: Basics Computer Application in day to day Medical parlance and e-etiquette. Invited faculty from Computer Sciences Department of a local college / University	
	Orientation: Curriculum , Semesters, Assessments, University examinations and eligibility requirements PIA	Orientation: Medical records Department A video of the MRD to show students how patients get registered in the OPD and Emergency system: Introduction to ICD coding Explanation of working and roles of different personnel by Head of Department MRD		Orientation: Biomedical waste management Department of Hospital Administration and Nursing Superintendent	Language enhancement: Official Letter Writing. Invited Faculty from Department of Journalism/ English Department of a Local College / University Computer skills: Learn how to navigate the web: Tips and tricks Invited faculty from Computer Sciences Department of a local college / University		Sports 4-5 PM Supervised by member Sports committee
Extracurricular: Music / Debate Chairperson Cultural Committee	Orientation : Visit to Hospital : Divide into 4 Batches of 25 students Task orientation 30 minutes Visit different areas of the Hospital : Share experiences : 30 minutes Coordination: Basic Department Faculty and Hospital Administration		Orientation: Visit to other facilities of the hospital; Same Groups of 25 students; Each team will be accompanied by a faculty member from Basic Science Department: Visit of the library, Cafeteria, IT centre, Sports ground, Hostel facility. These areas will be visited in a sequential manner and each group will spend 20 minutes in one area. They will interact with key members of the staff in those areas. Coordination: Basic Department Faculty and Hospital Administration		Professionalism: What it means to be a Globally relevant clinician Professor from Public Health Institute		Language enhancement: Common errors in English writing Faculty from English Department of Local College Students will be informed to get prepare for an activity. Computer skills : How to make good presentations Faculty form MEU Students will be informed to get prepare for an activity.

Extracurricular: Music, debate, painting etc Member Literary Committee	Orientation : Mentorship Programme : Introduction to Mentorship Programme Mentors / Mentee : defining roles and responsibilities Coordinated by Professor in charge Academics or designated faculty		Orientation: Meeting with parents and students. Exchange of views and experience during preparation Have they made the right decision! A discussion and debate. Director-Principal , MS and PIA		Professionalism : Reflective thinking and writing and its ever increasing role in medical education. Member MEU or CC		Language skill enhancement : Practice of essentiality of public speaking. Invited speaker from Department of Public Administration		
	Field Visit 1 : Visit to Primary Health Centre (Urban and Rural) Two batches of 50 students : One will visit UHTC while the Other one will visit RHTC Assemble at college by 9.00 AM. Reach Centre (UHTC / RHTC) by 9.30 AM Briefing of activity by local competent authority by 10.00 AM Visit of different areas 10.15 AM to 11.30 M. Reassemble to return to College by 11.30 AM Students will be given an introductory lecture at these centers and then they will disperse in small groups to different sections by rotation. They will interact with patients, faculties and staffs. They will observe the IEC on display and other documents. They will return to the College at 12. Noon Discussion and reflection from 12-1 PM Coordination by Basic Sciences Faculty and Community Medicine				Professionalism: Concepts of Professionalism and ethics Interactive lecture by Chairperson / Convener of Ethics Committee		Computer skills: Using computers and electronic media for group activity like listserv, What's app , Twitter etc. Invited faculty from Department of IT / coordinated by Member MEU Language enhancement : Writing of patient's stories and narratives. Students will be given short stories from the medical literature and asked to discuss among themselves in small groups to find the key messages. Faculty Member MEU / CC		
Professionalism: Group Discussion Portrayal of Doctors : Examples from movies and other sources as relevant. Head Department of Physiology will coordinate		Professionalism: : Interactive lecture Physicians Role in Society Convened by PIA and a Senior clinicians of the city IMA Branch may be invited		Professionalism: What it needs to Prepare to be a life-long learner? Invited faculty from reputed institute		Professionalism: Graduate Medical regulations in relation to professional role of IMG. Faculty member CC		Computer skills: Developing Websites Invited faculty from Department of IT Language enhancement : Précis writing workshop Faculty from English department of a Local College or University	

Professionalism: Dealing with Media correspondents Medical Superintendent	Field Visit 2: Visit to Primary Health Centre (Urban and Rural) Two batches of 50 students : One will visit UHTC while the Other one will visit RHTC Assemble at college by 9.00 AM. Reach Centre (UHTC / RHTC) by 9.30 AM Briefing of activity by local competent authority by 10.00 AM Visit of different areas 10.15 AM to 11.30 M. Reassemble to return to College by 11.30 AM Students will be given an introductory lecture at these centers and then they will disperse in small groups to different sections by rotation. They will interact with patients, faculties and staffs. They will observe the IEC on display and other documents. They will return to the College at 12. Noon Discussion and reflection from 12-1 PM Coordination by Basic Sciences Faculty and Community Medicine			Computer skills: Developing Websites Invited faculty from Department of IT	Sports 4-5 PM Supervised by member Sports committee
				Language Skills: Discussion on novels and stories which have had a significant impact on your life. Coordinated by Faculty from Basic department	
	Professionalism: Interpersonal relationships : Boundaries of Confidentiality and whistleblowers Faculty from Department of Psychiatry	Skills Module : Stress management Faculty from Psychiatry	Skills Module : Time management	Sports Supervised by member Sports committee	Extracurricular : Preparation for Independence Day Coordinated by Cultural Committee

Professionalism: Integrity, honesty and other traits. Interactive lecture with real life examples. Chairperson / Secretary Ethics Committee		Skills Module 1: Basic Life Support : Batch A of 25 each will observe and participate in this activity. Department of Anesthesiology		Language enhancement : Writing letters and e mail communication on electronic media; do's and don's Faculty from English Department of local college or University	
		Skills Module 2: Infection control in the workplace: use of protective gear in relation to latest guideline: Batch B of 25 each will observe and participate in this activity. Microbiology, Surgery, Nursing			
		Skills Module 3: Disaster Management Skills: Fire and Earthquake Evacuation Drill. Batch C of 25 each will observe and participate in this activity. Hospital Administration and Fire Services		Computer skills: Cybercrime: Legal use of media sources : How to avoid getting on the wrong side of the law ? Faculty from the Department of Law	
		Skills Module 4: First Aid in Common situations at home or outside. Batch D of 25 each will observe and participate in this activity. Emergency Medicine			
Professionalism: Personal Identity; Who am I? Why am I here? An explorative session Faculty from Psychiatry	Professionalism Unethical and Unprofessional Behaviour Interactive lecture : Forensic Medicine	Skills Module : Introduction to communication skills in a medical environment : Faculty form General Medicine Department	Extracurricular : Songs and Music , Member Cultural Committee	Language Enhancement: Dramatics: 10-12 Students will perform a small skit or role play of a small scene from a play which may be of English / Vernacular. (They will have prior information on this activity). Basic department faculty	Sports Supervised by Member, Sports Committee
				Computer Skills : A few student volunteers will show their skills in development of power point presentation, websites or twitter accounts and their experiences. (They will have prior information on this activity). Basic department faculty	

	Professionalism Care of the patient : Panel Discussion Faculty Department of Medicine , Gynecology Surgery and Pediatrics	Skills Module 1: Basic Life Support Batch B of 25 will observe and participate in this activity. Department of Anaesthesiology Skills Module 2: Infection control in the workplace: use of protective gear in relation to latest guideline: Batch C of 25 each will observe and participate in this activity. Coordinated by Microbiology, Surgery, Nursing Departments Skills Module 3: Disaster Management Skills: Fire and Earthquake Evacuation Drill. Batch D of 25 each will observe and participate in this activity. Hospital Administration and Fire Services Skills Module 4: First Aid in Common situations at home. Batch A of 25 each will observe and participate in this activity. Faculty Department of Emergency Medicine			Professionalism: Relationship of doctors to society and community and conflict of interest and MCI guidelines on this matter. Faculty from MEU	Language Enhancement: Public speaking Student volunteers will speak for 5 minutes on topics given to them. Faculty from Basic Departments will coordinate this event
						Computer Skills : Networking skills: What is your experience ? Coordinated by Faculty from Basic department
Skills Module : Barriers to good communication Faculty from General Medicine	Skills Module: Learning by Simulation and self directed learning. Faculty from MEU	Skills Module : Task prioritization with competing interests Faculty from MEU	Skills Module: Biostatistics for beginners Faculty from Community Medicine	Professionalism: Legal issues in Medical Practice Faculty from Forensic Medicine	Language Enhancement:: Use of vernacular: Students will write short articles on any subject of choice in language of choice and will share with colleagues. Pair and Share experience. Faculty from basic sciences with Literary Committee Members	Sports Supervised by Member, Sports Committee
					Computer Skills : Students will be shown some Power point presentations and they will comment on their suitability for education Faculty from MEU will guide the process	

	Professionalism Working with multidisciplinary teams :	Skills Module 1: Basic Life Support: Batch C of 25 will observe and participate in this activity. Department of Anaesthesiology			Language enhancement: Writing medical records: History writing, Different formats, POMR, making corrections, writing legibly, importance of signature and identification. Department of Forensic Medicine	Sports Supervised by Member, Sports Committee
	Medical Superintendent	Skills Module 2: Infection control in the workplace : use of protective gear in relation to latest guideline: Batch D of 25 will observe and participate in this activity. Department of Microbiology, Surgery, Nursing Departments				
		Skills Module 3: Disaster Management Skills : Fire and Earthquake Evacuation Drill. Batch A of 25 will observe and participate in this activity. Hospital Administration and Fire Services			Computer skills: Medical Records in online format. What students should know? Department of Hospital Administration	
		Skills Module 4: First Aid in Common situations at home Batch B of 25 will observe and participate in this activity. Faculty Department of Emergency Medicine				
Extracurricular : Painting and crafts competition. Students will be told in advance about this activity and can display their items. Coordination by faculty from Cultural committee	Professionalism : Indian Medical Graduate: Introduction to the concept : Designated Faculty from MEU	Professionalism How much choice did students have in this system: Introduction to thinking about Electives Designated Member MEU / CC	Professionalism: Indian Medical Graduate: Roles & Expectations Designated Faculty from MEU	Professionalism Medical education and humanities Chairperson Literary Committee	Language enhancement: Essay competition. Students will write essays and exchange them anonymously. Samples will be read in the class. Coordination by faculty from Basic department	Computer skills: Using e-communication. Students will begin a small group discussion on their experience of online learning and other electronic communication. Faculty will introduce them to the examples of use of such formats in education. Faculty from Basic department

	<p>Skills Development : Group activity A group of Students will participate in this by a planned activity for one hour. Members MEU will coordinate this. A batch of 50 students will go to two different classrooms. Suggested activity for 10 students will be to cross the river. Other students will observe the activity from the seats. All students will get together and discuss what went well, what went wrong and how to improve. Students will be introduced to Group Dynamics. Use of Interpersonal skills, SWOT analysis. Small exercises will be planned for 4 groups of 25 each. Group A: The Group will develop a model plan for reducing alcohol use in the city Group B: The Group will have to develop a model hospital of 50 patients capacity. Group C: The Group will develop a plan for a picnic in the hills Group D: The Group will develop a plan to improve doctor patient communication in the hospital.</p>	<p>Professionalism: Ethics in Medical Research Coordinated by Member of Ethics Committee</p>	<p>Language enhancement: Students will study a short story by any author. Random students will tell what they think the authors are trying to portray in these passages. Chairperson, Literary committee</p> <p>Computer skills: Relevant searches Students will be asked to enter medical search key words on their mobile phones and identify links that are useful. This activity will be done in groups of 10 students each. They will discuss the pros and cons of the information available. Topics: Gender sensitivity, Child Abuse, Alcoholism, Drug addiction, Cardiac Bypass Surgery, SLE, heart transplant , Abdominal pain etc. Faculty from Basic Sciences</p>	<p>Sports Supervised by Member, Sports Committee</p>
	<p>Skills Module : Learning skills Peer assisted, group learning, learning from patients and from community Faculty from MEU</p>	<p>Skills Module 1: Batch D of 25 each will observe and participate in this activity. Department of Anaesthesiology</p> <p>Skills Module 2: Infection control in the workplace: use of protective gear in relation to latest guideline: Batch C of 25 each will observe and participate in this activity. Departments of Microbiology, Surgery, Nursing</p> <p>Skills Module 3: Disaster Management Skills : Fire and Earthquake Evacuation Drill. Batch B of 25 will observe and participate in this activity. Hospital Administration and Fire Services</p> <p>Skills Module 4: First Aid in Common situations at home Batch A of 25 each will observe and participate in this activity. Faculty Department of Emergency Medicine</p>	<p>Language enhancement: Visual Skills Students will be shown a picture of some object or scene or a piece of art for 45 seconds. They will then write 100-150 words on what they think of it. 4-5 such pictures will be shown. This will assess their ability to observe and interpret pictorial material. Faculty from Basic Sciences Computer skills: Students will search computer sources for learning sites on the net related to medical websites and discuss their relevance. Faculty from Basic Departments</p>	<p>Sports Supervised by Member, Sports Committee</p>

Professionalism: The student as a teacher: Reaching out to the community and patients Department of Community Medicine	Professionalism Career Pathway Planning Invited Faculty form Human Resource Department or Designated Senior Faculty from GMCH	Professionalism : Ethical dilemmas in medicine Interactive case based discussion : Cases will be presented and students will be asked to discuss the issues Forensic Medicine, Community Medicine, General Medicine	Language Enhancement : Listening skills Students will listen to a recording of a 5 minutes of speech and will write in brief about the contents. Two or three such speeches will be presented. Discussion on development of listening skills. Faculty from Basic Departments	Sports Supervised by Member, Sports Committee
			Computer skills: Students will be given data which they will be asked to present on the PowerPoint. Discussion will be on the best mode or representation of data. Faculty from Basic Departments	
Skills Module: Outcomes of Doctor Patient Communication ; a range of attitudes, beliefs, behaviours and roles Faculty Department of General Medicine	Professionalism Care of vulnerable and special needs Persons. Developing sensitization to these populations Faculty of Psychiatry	Skills Module : Communication Skills : How to communicate in a variety of settings : office, OT, mobile , with patients , with relatives Interactive discussion Faculty of Psychiatry	Language enhancement: Understanding Poetry. Students will be asked to recite poetry in any language and interpret important messages. Others will discuss the relevance of the chosen passages. Members Literary Committee	Sports Supervised by Member, Sports Committee
			Computer skills: Explanation of the Computer networking in the GMCH. Head IT and Senior Computer Programmer of GMCH	

	Skills Module: Use of information technology in medicine : Electronic Medical records Internet, Google in Medicine Professor in charge IT services	Professionalism: Interactive panel discussion. Confidentiality, truth telling, consent, examination of patients, exploitation. Department of Anaesthesia, Forensic, Medicine, Surgery, Convener Ethics committee	Skills Module: Procedural Skills: The anxiety of the uninitiated Faculty of Surgery	Professionalism: The dying patient Faculty of Anaesthesia	Language Enhancement: Use of foreign terms in the English language. Search the dictionary for foreign terms of common usage e.g. French, Spanish or Latin words. What do they mean and how to use them Designated faculty from Department of law or English.
Extracurricular activity: Dramatics and music Cultural Committee	Professionalism: Lecture and Discussion Workplace etiquette , hierarchy, inter professionalism Department of Hospital Administration	Skills Module: Records and documentation. Use of ICD. Head Department of MRD	Professionalism Conflict and resolution Senior Faculty of GMCH	Sports Member Sports Committee	Language and Computer skills: Summary of the experience Faculty from Basic Departments
	Professionalism : Leadership and Commitment to the profession Director-Principal	Skills Module Learning Skills: How to deal with information overload. Planning to learn, revise and review. Identify what is important. Faculty from Basic Departments		Conclusion : Write Reflections: What happened? So what? What next? Feedback on Foundation course Faculty from Basic Departments	

Orientation 30 hours

Professionalism 40 hours

Skills 35

Field Visit 8 hours

Language and Computers 40 hours

Sports and Extracurricular 14 + 8 = 22 hours

Due to the present COVID related pandemic the above routine is only tentative. Respective Institutions should apply discretion regarding the implementation of the above depending upon the available resources and manpower.



Published on : December, 2020



Saraswati Press Ltd.
11 B.T. Road, Kolkata-700056